

# Introduction to Bandaging and Wound Care

## Curriculum Overview

### Designed for:

- High school students
- Post-secondary courses in health care
- Certified Nursing Assistant training courses

### Length:

The activities in this curriculum will last approximately 1 to 1½ hours. With supplemental materials, this curriculum can be adapted to a longer block of time.

### Goal:

To help participants learn about the bandaging techniques, dressing changes and wound care.

### Synopsis:

This curriculum helps participants learn about different techniques for bandaging, dressing, and caring for a wound. The lesson uses a slide presentation and integrates the bandaging and wound care simulator into the lesson. Participants will also learn to develop patient focused care around this form of care.

### Curriculum Components:

- Teacher's guide - Complete lesson, including detailed steps of activities, time and materials needed, student handouts and instructor information to teach the lesson
- Student materials
- Assessment tools
- PowerPoint presentation slides

### Learning Objectives:

#### Lesson 1: Introduction to Bandaging and Wound Care

- Develop awareness of patient focused care
- Identify layers of the skin
- Receive a thorough introduction to dressing changes, bandaging techniques and wound care
- Practice three bandaging and wound care procedures on models and then complete a quiz to assess mastery