

Fetal Alcohol Syndrome Baby

Curriculum Overview

Designed for:

- Middle school students
- High school students
- Community education (parenting classes, fathers or male partners groups, foster care providers, social workers)
- Public health organizations (public service, child abuse prevention, etc.)
- Clinical education (prenatal and postnatal classes)

Length:

This three-hour curriculum is comprised of three lessons. With supplemental materials, this curriculum can be adapted to a longer block of time.

Goal:

To help increase awareness and understanding of babies born with fetal alcohol syndrome (FAS) and the challenges associated with them.

Synopsis:

This curriculum introduces the Fetal Alcohol Syndrome Baby and presents documented information about the causes and risk factors of FAS. The curriculum provides activities and discussions designed to educate participants and communities about FAS. The lessons and activities include objectives, materials required, and approximate class time.

Curriculum Components:

- Curriculum
- Student materials
- Slide presentations

Learning Objectives:

Lesson 1 – Understanding Prenatal Alcohol Exposure

- Gain awareness of the facts and concepts surrounding prenatal alcohol exposure
- Define fetal alcohol syndrome and fetal alcohol spectrum disorder (FASD)
- Describe how nutrients, oxygen, and other substances (e.g. alcohol) reach a developing fetus
- List the effects of prenatal alcohol exposure
- Explain what happens developmentally when a pregnant woman and her fetus consume alcohol
- Identify the long-term consequences of prenatal alcohol exposure
- Identify guidelines for FASD prevention
- Determine strategies to help a family or mother when prenatal alcohol exposure is a possibility or when FAS is diagnosed by a medical professional

Lesson 2 – The Impact of FAS in Education and Learning

- Explain direct impacts of FAS on education and learning
- Understand FAS effects at different stages of an individual's life
- Explain teacher intervention and support of students with FAS
- Identify educational options for people, families, and schools who support people with FAS
- Explain performance problems associated with FAS
- Explain the effects of FAS on sensory integration

Lesson 3 – Medical Aspects of FASD

- Explain the diagnosis of FASD
- Identify the incidence, distribution, and control of FASD
- Explain the medical conditions associated with FASD
- Identify the four types of fetal alcohol spectrum disorder
- Identify the DSM 5 criteria for FASD