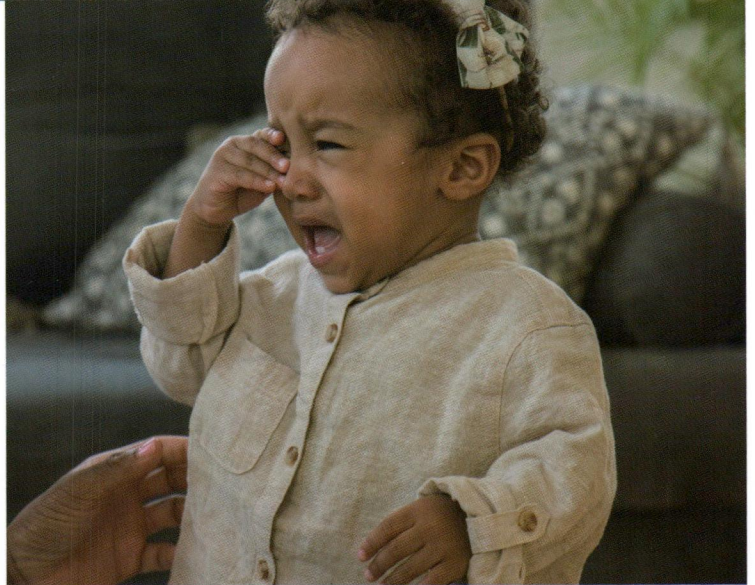




Child Abuse and Neglect Scenarios

Student Workbook



Name: _____

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Physical Abuse

Scenario #1

You are working as a school nurse at an elementary school. You receive a call from a teacher who says that one of her participants, Beth, is complaining of a stomachache and wants to visit the nurse's office. You tell the teacher that you can see Beth now. When Beth arrives, you notice one of her eyes has faded bruising, and bruises are apparent on both forearms. The bruises on her arms look like finger marks, as if Beth was grabbed and squeezed. When you ask Beth what happened, she looks down to the ground and says she fell going up the stairs at her home.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Physical Abuse

Scenario #1 Written Activity

Research the warning signs and risk factors of physical child abuse and create a handout for the school or clinic staff. Detail what those signs and risk factors are, as well as how to report the suspected abuse of a student.

Physical Abuse

Scenario #2

You are working as a registered nurse in triage at the emergency department and receive a call that a six-year-old male is coming in by private vehicle with a possible broken arm. Upon arrival, the child's father tells you that their family dog accidentally knocked his son over and that he fears he may have broken his arm. Upon assessment, you noticed an open fracture of the patient's ulna and faded bruising to the child's torso, face, and arms. The ulnar fracture appears to have been "snapped," as if someone took the boy's arm and intentionally tried to break it. The injuries do not seem consistent with the story the patient's father tells you.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Physical Abuse

Scenario #2 Written Activity

Research and write a document that you could add to an employee training manual. This document will outline how to effectively manage children who may become violent or abusive towards the staff, without using violence in return.

Physical Abuse

Scenario #3

You are working as an EMT and are dispatched to a private residence for an unknown medical emergency involving an infant. Upon arrival, you enter the home, covered with dog feces, empty food containers, beer bottles, and overflowing ashtrays. A woman approaches you, carrying a baby in one hand and a beer in the other. The mother says that her four-month-old daughter will not stop crying and she wants you to take her to the hospital. The infant's mother appears to be under the influence and tells you she will meet you at the hospital when her husband arrives home in five minutes and after she finishes her beer. You take the infant to the ambulance and transport her to the closest medical facility. As you perform your patient assessment en route to the hospital, you discover what appear to be cigarette burns to the patient's abdomen, thighs, and arms.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures you can take?

Physical Abuse

Scenario #3 Written Activity

Research and write a flyer that can be posted in your facility's breakroom regarding mandatory reporting requirements. The document will include:

- The mandated reporting requirements for healthcare or education workers to report physical child abuse for the state you work in
- 911 emergency number
- Non-emergency phone numbers for your local police, sheriff, or state trooper
- National Child Abuse Hotline- 1-800-4-A-Child

Physical Abuse

Scenario #4

You are working as a child welfare social worker for Child Protective Services and receive a call from a person named Jane who suspects her neighbor's child is being physically abused. Jane states that she hears the parents yelling at the child at all hours of the day, commotions, and then the child crying and asking them to stop. Jane gives you detailed information with the parents' names, phone numbers, and their address. She informs you that it appears the abuse is happening right now. You call the police to meet you at the family's home to investigate. When you arrive, the police are on the scene and have contacted the family. The father brings his seven-year-old daughter to the front door, and you notice lacerations on the child's lower lip, forehead, and right cheek. When you ask the child what happened, she tells you that she tripped on a rug and struck her face on a coffee table.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Physical Abuse

Scenario #4 Written Activity

Research the Child Protective Services (CPS) website for the state you reside in. Write a one-page paper on the process after the agency receives a report of suspected physical child abuse. Include what CPS considers possible signs of abuse to cause them to investigate and the numbers to call to report abuse. Include any other pertinent information you find interesting.

Physical Abuse

Scenario #5

You are working as a school nurse and a 10-year-old boy named James enters your office complaining of difficulty breathing. You notice in his file that he has a history of asthma and uses an inhaler as needed. You ask James what he was doing when he started having trouble breathing, and he says he was thinking about going to his dad's house for the weekend, which made him nervous. You ask why he is scared to go to his dad's house, and he becomes silent. You ask James to lift his shirt so you can listen to his lung sounds and discover his entire back covered in abrasions, as if he was dragged on his back across the pavement. You ask James what happened, but he just shrugs and looks down at the floor.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Physical Abuse

Scenario #5 Written Activity

Research the common signs, symptoms, behavioral clues, and physical clues of physical child abuse. Create an outline for a staff in-service day, highlighting behavioral and physical clues that teachers or healthcare professionals should look for in their students or patients that could be an underlying sign of physical abuse. This website <https://childabuse.stanford.edu/screening/signs.html> offers excellent information you can use in your research.

Physical Abuse

Scenario #6

You are two hours into your shift as a nursing supervisor at an Urgent Care facility when you hear a scream and loud yelling coming from one of the exam rooms. You run down the hall towards the noise with two of your staff members and find a patient, Mrs. Ortega, yelling at her young son, who came in with her. Mrs. Ortega is yelling, "I told you this would happen. If you don't stop crying, I'll give you something to cry about." Mrs. Ortega's son is holding his forehead and crying quietly. You ask to see the young boy's forehead while asking what happened. Mrs. Ortega says her son was playing around with some medical equipment on a cart in the room, and she yelled at him to stop. The cart then fell over, striking the boy in the forehead. While inspecting the boy's head, you notice a welt above his left eye with a mark that looks like it came from a ring, as if the child was backhanded. The cart and medical equipment are not out of place.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Physical Abuse

Scenario #6 Written Activity

Create a flyer that can be posted in patient exam rooms or school offices aimed at parents or caregivers who abuse or are thinking of harming children. List names and numbers of support groups where parents and caregivers can receive help and parental training to stop the cycle of abuse. If there is a local support group where you live, be sure to highlight that group's information.

Child Sexual Abuse

Scenario #1

You are working as a school nurse at an elementary school. You receive a call from a teacher who says he is sending a student named Brittany to your office. He says Brittany is unusually quiet today, complaining of pain in her stomach and saying she needs to vomit. You meet Brittany in the hallway and escort her to your office.

Just then, Brittany starts vomiting into a trashcan you handed her, and you notice what appears to be dried blood on the back of her pants, near her buttocks. You ask Brittany if she has started her menstrual cycle, and she says she has never had one before. Brittany looks sheepishly to the ground and tells you that her stomach and bottom hurt, and she wants her mom to pick her up.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Sexual Abuse

Scenario #1 Written Activity

Research the warning signs and risk factors for child sexual abuse and create an in-service training outline for the staff. Detail what those signs and risk factors are and how they can report the suspected sexual abuse of a student or patient.

Child Sexual Abuse

Scenario #2

You are working as a medical assistant in a pediatric office and have a nine-year-old patient brought in by his grandmother. You enter the exam room to assess the patient and ask the grandmother why she brought him in today. His grandmother, Nadine, says she made an appointment for Timmy today because she is watching him for the week while his mother and her boyfriend are on vacation.

She says Timmy complained of testicular pain and a burning sensation when he urinates. He has also been sucking his thumb since he's been at her house. Nadine said that Timmy is not acting normal, and she knows something is wrong. You take Timmy's vital signs and ask Nadine if she can take him to the restroom to help him urinate into a cup.

When the urinalysis comes back from the lab, it shows that Timmy has chlamydia, a sexually transmitted infection (STI).

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Sexual Abuse

Scenario #2 Written Activity

Research and write a blog post aimed at mandatory reporters that describes physical and behavioral warning signs of child sexual abuse. Write about the physical and behavioral changes that healthcare and education professionals can see in infants, children, and adolescents.

Child Sexual Abuse

Scenario #3

You are working as an EMT and are called to the scene of a domestic dispute for an injured four-year-old female. Law enforcement has detained both parties involved and says it's clear to enter. Upon arrival, an officer meets you at the ambulance holding a young girl named Emily. The officer says Emily might have been injured when her mother and father were fighting, and he would like her evaluated at the emergency department.

After giving Emily a stuffed animal in the back of the ambulance, you start performing your patient assessment and ask Emily what hurts. She does not say anything but points to her stuffed animal's private area. You ask Emily if anything else hurts, and she shows you her wrists, which have bruises that appear to be restraint marks.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Sexual Abuse

Scenario #3 Written Activity

Develop an outline for a training course for new emergency medical services (EMS) personnel. Identify the following factors:

- Indicators of child sexual abuse
- Risk factors
- Interventions
- Treatments
- Preventive measures
- Mandatory reporting requirements for the state/jurisdiction where you work

Child Sexual Abuse

Scenario #4

You are working as a child welfare social worker for Child Protective Services and receive a call from a person named John, who suspects his children are being abused by his ex-wife's new boyfriend. John reports that he had his children over the weekend when he overheard them talking in an overly sexual manner and pretending to take naked pictures of each other.

John says his daughter is 10, and his son is 8. He says his children have never talked about sex or taking naked pictures before, and he is very concerned now that they are back with their mother and her boyfriend. When John asked them what they were doing and why they were talking that way, they both became quiet and would not answer any of John's questions. John called you to report the possible abuse before "taking matters into his own hands."

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Sexual Abuse

Scenario #4 Written Activity

Research the Child Protective Services (CPS) website for your state. Write a detailed paper on the investigation process regarding alleged child sexual abuse. Describe the following:

- If law enforcement is involved in the investigation
- What happens to the child during the investigation
- If any other resources are used
- What happens to the alleged perpetrator during the investigation
- Any other pertinent information you can find

Child Sexual Abuse

Scenario #5

You are working as a registered nurse in the emergency department when an ambulance arrives with Nicky, a 13-year-old female complaining of pain to her genitals and her neck. She said she was at the beach with a girlfriend when Jim, one of her dad's friends, approached Nicky and told her he was there to pick her up and take her home.

Nicky said she was confused because her dad was supposed to pick her up, but Jim assured her that her dad had asked him to take her home. Nicky tells you that Jim offered her a soda, and she does not remember anything after that. Nicky says she woke up on a blanket back at the beach with pain in her neck and genitals. She called 911 since she could not reach her parents by phone.

During your assessment, you notice swelling, bleeding, and bruising to Nicky's genitals, with dried blood on the inside of both legs. You also discover bruising to her neck that is consistent with manual strangulation.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Sexual Abuse

Scenario #5 Written Activity

Research the common signs, symptoms, behavioral clues, and physical clues of child sexual abuse. Create an outline for an in-service staff day, highlighting behavioral and physical clues that healthcare and education professionals should look for in their patients or students, which could be an underlying sign of sexual abuse.

Child Psychological and Emotional Abuse

Scenario #1

You are working as an LVN in a rehabilitation clinic and have a patient named Mary, who is rehabilitating after breaking her hip in a car accident. Mary's husband, Dave, and their two children are in the room with Mary during regular visiting hours. You have just left the room after bringing Mary and her family some cold drinks. Then you hear a commotion from the room after you get to the nurse's station. You hear Mary's husband yelling as you head back towards Mary's room. He is swearing and threatening one of his children. He says, "I told you to be careful with that soda. You have spilled it all over the floor, you stupid brat. How can you be such an idiot? I can't take you anywhere. Just wait until we get home, you little piece of garbage."

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Psychological and Emotional Abuse

Scenario #1 Written Activity

Research the warning signs and risk factors for child emotional abuse and create an in-service training outline for the staff. Detail what those signs and risk factors are and how to report the suspected emotional abuse of a child in their facility.

Child Psychological and Emotional Abuse

Scenario #2

You are working as a physician's assistant in a pediatrician's office and are seeing Jimmy, a 10-year-old patient brought in by his mother, Jane. You have known Jimmy and his mother for five years since they started seeing you. You ask Jane why they came in today, and she says she is concerned about Jimmy's weight. Jimmy seems a little heavier than usual, but he still looks like a healthy, 10-year-old boy. You notice Jimmy seems quieter than usual and keeps looking towards the floor when his mother speaks. You continue asking Jane questions about Jimmy's eating and exercise habits, his sleep patterns, and how he is doing in school. With every question you ask, Jane becomes ruder and more inappropriate. She calls Jimmy fatso, says he is too lazy to get off his fat butt to play outside, and calls him a crybaby because kids make fun of him at school.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Psychological and Emotional Abuse

Scenario #2 Written Activity

Research and write a blog post aimed at healthcare or educational professionals that describes physical and behavioral warning signs of child psychological abuse. Write about the physical and behavioral changes healthcare or educational professionals can see in infants, children, and adolescents as well as the mandated reporting requirements for healthcare or education professionals in the state where you live.

Child Psychological and Emotional Abuse

Scenario #3

You are a paramedic. Your unit is dispatched to a private residence for a 40-year-old female who is having difficulty breathing. Upon arrival, you enter the house and find your patient sitting on a couch, smoking a cigarette. Next to her is a man watching TV, with approximately 20 empty beer cans and overflowing ashtrays surrounding them.

Your patient says her name is Becky, and she wants to go to the hospital to refill her inhaler. While you are assessing Becky, you hear pounding on a door leading to what appears to be a basement and a child crying that they want to come out. Becky and the man ignore the pounding and the child's cries. You ask Becky if that is her child pounding on the door, but she ignores you and says she is ready to go to the hospital.

The man mumbles something incomprehensible as the child's cries and pounding get louder.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Psychological and Emotional Abuse

Scenario #3 Written Activity

Develop an outline for a continued education training course for emergency medical services (EMS) personnel or new teaching staff. Identify the following factors:

- Indicators of child psychological abuse
- Risk factors
- Interventions
- Treatments
- Preventive measures
- Mandatory reporting requirements for the state/jurisdiction where you work

Child Psychological and Emotional Abuse

Scenario #4

You are working as a child welfare social worker for Child Protective Services and receive a call from a person named Alexa, who is a babysitter for a family of five. Alexa reports that she thinks one of the children she watches is being emotionally abused by the mother's new boyfriend, who was recently released from prison. Alexa says she is a psychology major and recognizes the signs of possible abuse.

The child she watches, Colby, is 11 years old and usually is very outgoing, talkative, and always surrounded by friends. Lately, Colby has been withdrawn and locks himself in his room. Colby's younger brother told Alexa that their mother's new boyfriend said Colby could not have his friends come over anymore, and that he calls Colby bad names.

Alexa asked if the boyfriend was being mean to any of the other kids, but the younger brother acted like he got caught doing something wrong and stopped answering questions.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Psychological and Emotional Abuse

Scenario #4 Written Activity

Research and write a blog post aimed at healthcare or educational professionals that describes physical and behavioral warning signs of child psychological abuse. Write about the physical and behavioral changes that healthcare or educational professionals can see in infants, children, and adolescents as well as the mandated reporting requirements for healthcare or education professionals in the state where you live.

Child Psychological and Emotional Abuse

Scenario #5

You are working as a school nurse at a local high school when Tamara, a 15-year-old student, walks into your office. You ask her what is bothering her, and she says she has a headache and feels a migraine might be coming on. Tamara asks if she could lie down in your office for the last hour of school. While getting a sheet for the cot in your office, you ask Tamara questions about school and her home life.

Tamara said her parents are getting a divorce because they fight all the time, and they are asking her to choose who to live with. She said it's too much drama, and it's giving her a headache. As Tamara lies down, you notice cut marks on her wrist and forearm. You ask Tamara about the marks, and she says she does that when bored or angry but assures you she is not trying to kill herself.

While Tamara rests, you call her mother and explain the marks you found and what Tamara told you. Tamara's mother dismisses your concerns. She says Tamara is trying to get attention and everyone should ignore it.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Psychological and Emotional Abuse

Scenario #5 Written Activity

Research the common signs, symptoms, behavioral clues, and physical clues of child emotional abuse. Highlight behavioral and physical clues that teachers and support staff or clinical staff should look for in their students, which could be an underlying sign of psychological abuse. Create an outline for an in-service staff day with the information you have found.

Child Neglect

Scenario #1

You are working as a school nurse at an elementary school. The school sent a notice to parents at the beginning of the week, asking them to send their children in appropriate winter gear as there was snow on the ground and the temperatures were expected to be freezing all week. You receive a call from a teacher who says Jonathan, one of her students, has been coming to school the past two days without a winter jacket or snow boots and has been dirty and unkempt.

The teacher asks if you have an extra coat and boots Jonathan could borrow, and if she can send Jonathan to your office to be cleaned up. You tell the teacher to send Jonathan to your office, and you will see what you can do. The teacher informs you that she was able to take care of Jonathan yesterday and thought it might be a fluke that his parents forgot to dress him appropriately, but today was the second day this happened.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Neglect

Scenario #1 Written Activity

Research the warning signs and risk factors for child neglect and create a handout for the school or clinic staff. Detail what those signs and risk factors are and how to report the suspected abuse of a student.

Child Neglect

Scenario #2

You work as a triage nurse in the emergency department and notice a young child wandering outside the entrance. You leave your station to investigate and approach the child, who appears to be four or five years old. The young girl is clutching a doll and has one shoe on. You ask the girl her name. She she says her name is Molly and that she cannot find her shoe.

She starts crying and reaches for you to pick her up. As you pick her up, you discover she has wet herself and has green snot running from her nose. You walk inside the emergency department with Molly and ask her where her parents are. She shrugs her shoulders and says she does not know, but she thinks her daddy is visiting mommy in the hospital.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Neglect

Scenario #2 Written Activity

Research and write a flyer that can be posted in your facility's breakroom regarding mandatory reporting requirements for suspected child abuse and neglect. The document will include:

- The mandated reporting requirements for healthcare workers to report child neglect (for the state you work in)
- 911 emergency number
- Non-emergency phone numbers for your local police, sheriff, or state trooper
- Numbers for the local Child Protective Services
- National Child Abuse Hotline- 1-800-4-A-Child

Child Neglect

Scenario #3

You are working as a paramedic intern and are dispatched to a private residence for a 43-year-old unconscious female. Upon your arrival, a neighbor greets you at the driveway and says she was the one who called after she found the patient's two-year-old wandering in the cul-de-sac in only a diaper. She went to the neighbor's house with the child and found the patient unconscious and unresponsive.

The neighbor is holding the child, who is filthy but appears to be unharmed. You and your partner make your way toward the patient inside her living room. You see empty beer cans, dirty diapers, and empty food containers on the floor as you enter the residence. The coffee table is filled with cigarette butts and drug paraphernalia, and the unconscious female has a syringe hanging from her forearm.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Neglect

Scenario #3 Written Activity

Write a blog aimed at emergency medical services (EMS) personnel or guidance counselors, describing the following:

- The warning signs of child neglect
- The risk factors
- EMS interventions
- How to handle children that have been neglected
- Mandatory reporting requirements for EMS personnel in the state where you work

Child Neglect

Scenario #4

You are working as an outreach social worker for a non-profit agency that works with the homeless population. One day, your supervisor assigns you and a partner to canvas a homeless encampment to determine what services the inhabitants need. As you canvas the camp, you and your partner find an unsupervised four-year-old boy playing in a tent, wearing dirty jeans and nothing else.

The young boy is very quiet as you try talking to him, cowering in the corner as if he is afraid. The child looks pale and skinny and does not seem to be in optimal health. Instead of frightening the child further, your partner asks the couple in the next tent if they know where the child's parents are. They say the child only has a mother, and she has not returned to the camp for four days. The couple says they have been giving the young boy whatever food and water they have, but it's not much. They also said they were afraid to go to the police because they did not want to get kicked out of their camping spot.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Neglect

Scenario #4 Written Activity

Research the homeless population where you live. See if you can find statistics on how many children are estimated to be homeless and if there is documentation of how many children are neglected due to their living conditions. If that information is difficult to find, you can research national statistics to see the number of children impacted by homelessness. Write a detailed report with your findings.

Child Neglect

Scenario #5

You are employed as a truancy officer at a public high school and receive a call from Mrs. Gracy, the principal, about one of the students. Don is a 15-year-old student who has been absent from school for five days. Mrs. Gracy said she had called the home several times every day but received a busy signal. She also said the student's and mother's cell phones appear to have been disconnected.

You agree to drive to Don's home to do a welfare check. When you arrive at his home, Don answers the door and agrees to let you in. You notice empty whiskey bottles on the kitchen counter and the floor in the living room and empty pizza boxes on the floor by the trash can. You ask Don where his mother is, and he says, "Probably at the bar. That's where she always is."

You ask Don why he hasn't been at school all week. He tells you that he has no one to take him and it's too far to walk.

What are the warning signs for this scenario?

How would you report this suspected abuse?

What are some preventative measures that can be taken?

Child Neglect

Scenario #5 Written Activity

Research the common signs, symptoms, behavioral clues, and physical clues of child neglect. Create a presentation for the entire staff, highlighting behavioral and physical clues that staff should look for in their students or patients that could be an underlying sign of child neglect. At the end of the presentation, describe how to report suspected child neglect.