

# Diabetes Type II

## Curriculum Overview

### Designed for:

- High school students
- Post-secondary courses in health care
- Certified Nursing Assistant training courses
- Public health organizations
- Community education

### Length:

The activities in this curriculum will last approximately 1 hour. With supplemental materials, this curriculum can be adapted to a longer block of time.

### Goal:

To help participants learn about the risk factors and complications of Type II Diabetes.

### Synopsis:

This curriculum helps participants learn about the impact of Type II Diabetes. The simulation experience includes diabetic retinopathy simulation glasses where participants experience the effects of this eye condition. The curriculum gives participants a pre-test to check their knowledge and understanding of Type II Diabetes. The lessons use a slide presentation and integrates the simulation experience into the lesson.

### Curriculum Components:

- Teacher's guide - Complete lesson, including detailed steps of activities, time and materials needed, student handouts and instructor information to teach the lesson
- Student materials
- Assessment tools
- PowerPoint presentation slides

### Learning Objectives:

#### Lesson 1: Introduction to Type II Diabetes

- Define Type II Diabetes
- Identify risk factors for Type II Diabetes
- Describe complications related to Type II Diabetes
- Explain how to prevent complications associated with Type II Diabetes