

Understanding Down Syndrome

Curriculum Overview

Designed for:

- Middle school students
- High school students in health courses, human growth and development, early childhood development and health occupations
- Prenatal education courses in clinics or hospitals

Length:

The activities in this curriculum require approximately 1 hour to complete. With supplemental materials, this curriculum can be adapted to a longer block of time.

Goal:

To help participants understand the risk factors, health challenges, and misconceptions associated with Down syndrome.

Synopsis:

This curriculum helps participants learn the risk factors, health challenges, and misconceptions associated with Down syndrome. Participants will be introduced to the RealCare[™] Down Syndrome Baby and see the common physical features associated.

Designed and developed by curriculum specialists and health educators, the lessons include facilitator instructions, slide presentations and quiz. The lessons and activities include objectives, materials required and approximate class time.

Curriculum Components:

- Student materials
- Assessment tools
- Presentation slides

Learning Objectives:

- Gain awareness of the facts and causes surrounding Down syndrome.
- Document their initial knowledge about Down syndrome before the start of the lesson.
- Understand common misconceptions about Down syndrome
- List key national and international statistics surrounding Down syndrome.
- Identify the potential characteristics of Down syndrome.
- Identify short- and long-term effect on infants born with Down syndrome.