

Geriatric Medication Management

Curriculum Overview

Designed for:

- High school health occupations and FACS students
- Post-secondary courses in health occupations courses
- Certified Nursing Assistant training courses

Length:

The activities in this curriculum will last approximately 1 hour. With supplemental materials, this curriculum can be adapted to a longer block of time.

Goal:

To help participants learn about the challenges and risks associated with managing multiple medication as a geriatric patient. This will help participants gain a sense of empathy and sensitivity to the challenges this presents and help identify ways to manage and cope.

Synopsis:

This curriculum will give participants a fully immersive experience of what it is like to manage multiple medications while experiencing poor vision and low manual dexterity. By 'walking in the shoes' of a geriatric person living with these challenges associated with poor medication self-management, participants will increase their understanding and gain empathy for the challenges and risks this presents in daily living. The goal is to help healthcare workers assist geriatric patients with their medication management overall. The lesson begins with an introductory slide presentation. The lesson integrates the use of the Geriatric Medication Simulation Kit to give participants a fully immersive experience of what it is like to have impaired vision (cataracts) and poor manual dexterity while managing multiple medications. A brief quiz is included for assessment.

Curriculum Components:

- Teacher's guide - Complete lesson, including detailed steps of activities, time and materials needed, student handouts and instructor information to teach the lesson
- Student materials
- Assessment tools
- PowerPoint presentation slides

Learning Objectives:

- Understand the definition of polypharmacy
- Understand risks associated with polypharmacy
- Experience what it is like to living with visual impairment and poor manual dexterity while managing multiple medications
- Learn ways to help geriatric patients successfully manage multiple medications