

# Shaken Baby

## Curriculum Overview

### Designed for:

- Middle or high school students
- Community education (parenting classes, babysitter training, fathers or male partners groups, grandparent groups)
- Public health organizations (public service, child abuse prevention)
- Clinical education (prenatal and postnatal classes, first responder training, offender education)

### Length:

The activities in this curriculum will last approximately three hours. With supplemental materials, this curriculum can be adapted to a longer block of time.

### Goal:

To help participants understand the differences between the brains of adults and children, learn the parts of the brain, and identify areas of the brain affected by severe shaking.

### Synopsis:

This curriculum covers key topics about Abusive Head Trauma, including the anatomy of the brain, understanding abusive head trauma, and how to soothe a crying infant. Each lesson begins with a lesson overview, lesson objectives, and a table that lists the lesson activities and materials required.

### Curriculum Components:

- Curriculum – Complete lessons, including detailed steps of activities, time and materials needed, student handouts, and instructor information to teach the lesson
- Student materials
- Assessment tools
- Presentation slides

### Learning Objectives:

#### Lesson 1: Anatomy of the Brain

- Understand the differences between the brains of adults and newborns
- Learn the parts of the brain
- Identify areas of the brain affected by severe shaking

#### Lesson 2: Abusive Head Trauma

- Identify signs and symptoms of Abusive Head Trauma (Shaken Baby Syndrome)
- Understand what physically happens when a baby is shaken
- Learn how crying can trigger caregivers to shake a baby
- Identify the profile of a person who shakes baby
- Develop a plan for handling stress when a child cries
- Learn how to prevent Abusive Head Trauma
- Understand how to report suspected Shaken Baby Syndrome

#### Lesson 3: How To Soothe a Crying Infant

- Understand why infants cry
- Identify the five S's to soothe a crying infant
- Learn how to swaddle an infant