

Introduction to Ostomy Care

Curriculum Overview

Designed for:

- High school students
- Post-secondary students in health occupations courses
- Certified Nursing Assistant (CNA) training courses

Length:

The activities in this curriculum will last approximately one hour. With supplemental materials, this curriculum can be adapted to a longer block of time.

Goal:

To help participants learn about caring for a patient with an ostomy.

Synopsis:

This curriculum helps participants learn about the proper care for a patient with an ostomy. The lesson begins with activities that students may complete before the content is presented. Educators have a choice to review anatomy and/or an empathy activity to teach important nursing soft skills. The lesson uses a slide presentation and integrates a trainer to give students hands-on practice. A brief quiz is included for assessment.

Curriculum Components:

- Teacher's guide - Complete lesson, including detailed steps of activities, time and materials needed, student handouts and instructor information to teach the lesson
- Student materials
- Assessment tools
- PowerPoint presentation slides

Learning Objectives:

- Utilize proper ostomy terminology
- Identify reasons for ostomy
- Identify distinct types of ostomies
- Demonstrate proper ostomy care techniques