

# The Hemiplegia Experience

## Curriculum Overview

### Designed for:

- High school students
- Post-secondary courses in health occupations courses
- Certified Nursing Assistant training courses

### Length:

The activities in this curriculum will last approximately 1 hour. With supplemental materials, this curriculum can be adapted to a longer block of time.

### Goal:

To help participants learn about learn the causes, symptoms, treatment and accommodations as it relates to hemiplegia. This will help participants gain a sense of empathy and sensitivity to the challenges this condition has on daily living.

### Synopsis:

This curriculum helps participants learn about hemiplegia and hemiparesis. The lesson begins with an introductory slide presentation. The Hemiplegia Simulator is integrated to give participants a fully immersive experience of what it is like to live with this condition. Participants are put through a series of daily living tasks with a reflection exercise. A brief quiz is included for assessment.

### Curriculum Components:

- Teacher's guide - Complete lesson, including detailed steps of activities, time and materials needed, student handouts and instructor information to teach the lesson
- Student materials
- Assessment tools
- PowerPoint presentation slides

### Learning Objectives:

- Understand the difference between hemiplegia and hemiparesis
- Understand how hemiplegia impacts daily life and activity
- Experience what it is like to living with hemiplegia and the physical impact on movement
- Learn modifications to accommodate the lack of movement